

The Living Your Strengths Workshop

Discover Your Strengths So You Can Live Your Callings

Are you living your strengths? Are you fulfilling your callings?

Jesus Christ calls us to live a life that is abundant. The well known author, Max Lucado, describes this as "living in the sweet spot of life." The Gallup organization calls it "playing to strengths." More than any other factor, playing to your strengths enhances personal fulfillment and effectiveness as well as corporate and community engagement. This is fulfilling your life callings.

Regretfully, the vast majority of us do not enjoy life in the sweet spot. According to research by Gallup 83% of those surveyed do not consistently have an opportunity to be the best they can be and do what they love to do. The desire of our Heavenly Father is that we may have life and have it more abundantly. **The objective of this workshop is to help you discover your strengths and apply them to your life callings.**

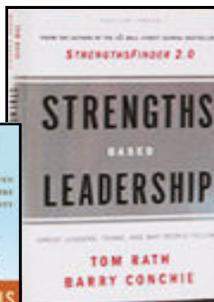
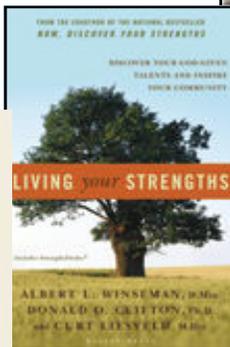
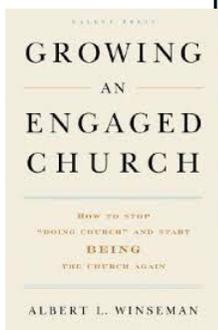
In a five year research study Gallup conducted in-depth interviews with 20,000 successful leaders. The most important findings of this research were that successful leaders focus on strengths and invest in developing the strengths of their people.

What is Your Sweet Spot?

"Golfers understand the term. So do tennis players. Ever swung a baseball bat or paddled a Ping-Pong ball? If so, you know the oh-so-nice feel of the sweet spot. Connect with these prime inches of real estate and kapow! ... Life in the sweet spot rolls like a downhill side of a downwind bike ride."¹

Workshop Content

With strong Biblical foundations, supported by the science of strengths psychology and more than fifty years of research by Dr. Donald Clifton, this workshop leverages the wisdom found in several Gallup best selling books and resources including the world renowned StrengthsFinder2.0™.



¹ Max Lucado, *Cure for the Common Life: Living in Your Sweet Spot*



This workshop is your gift to yourself. It could change your life providing you with guideposts on the road to improved effectiveness and a structure to protect you from the risks of burnout in an overloaded life.

Learning Outcomes

- Learn how to identify your God given talents
- Define, articulate, and communicate your strengths
- Understand the interdependencies between talents, skill, knowledge, and spiritual gifts
- Validate your strengths by historical review and the affirmation of friends and peers
- Create a process to define your passions and identify clear targets for your life callings
- Develop a personal model of talent stewardship
- Learn the power of effective delegation
- Understand how you can collaborate with the important and teachable people in your life
- Develop a model for effective team building and a clear process to engage the right mix of strengths to achieve personal and corporate objectives and goals

"As leaders we must be good stewards of the people and talents God entrusts in our organizations. Equally important is that our people clearly understand their strengths and begin to share them with others not only in their work teams but in their personal lives as well. For this reason we engaged Integrity+ Consulting to deliver the Living Your Strengths Workshop to all our staff. We believe that this very empowering workshop will help us become better stewards of our God given talents.



Baha Habashy is a not only a master of the Living Your Strengths material but is also a person who wants people to learn and to grow into all that God has for them. Having experienced his workshops on more than one occasion, I appreciate his heart and appreciate his communication skills."

Rev. Gregg Bryce, Executive Pastor, Peoples Church

